

*One of you wrote:*

My Soul has from always been so Greek:  
Searching for Beauty is what gives her sense,  
it's through Thoughts and Arts she plenifies.  
...Origin, Essence: Eternal Greece!

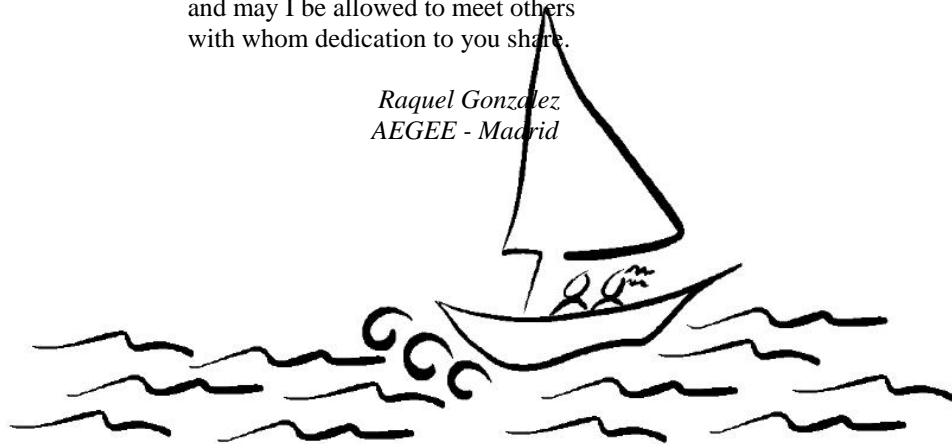
Never have my eyes admired your sea,  
never have my feet stood on your ground,  
never felt your sunlight on my face,  
never heard the old myths your winds sing...

However, something deep within me  
knows for certain where I belong to:  
that place when centuries far ago  
gods and goddesses ruled the world.

Safo's evergreen intimate words,  
bright philosophers' sublime ideas,  
sculptors' sensually human marbles,  
temples of harmonious universal worth...

Now, sisters, it's time for me to serve:  
inspiring Muses, come upon me!  
and may I be allowed to meet others  
with whom dedication to you share.

*Raquel Gonzalez  
AEGEE - Madrid*





Well boys and girls...

...welcome aboard, the ship of SU Patra 2003 set to sail and I have to admit... what a crew!! (good news: the captain is on holiday)

You have finally set foot on the land where myths, history, culture and everyday craziness combine in a never ending puzzle of excitement and frustration (really weird country)...it's up to everyone of us, to see those things which will make us feel that we live in a rather exceptional and unique place, more or less a dream (without having to close our eyes)...

We can guarantee nothing more than the places we are going to visit and see and the activities planned. Apart from this, we need your spirit and energy, the most important factors, in order to create and live an unforgettable chapter in our life, this SU...

Let's hope that the sea will be calm, the wind will be plenty in our sails and Poseidon and st. Nicholas (best friends) will be in our favour...

May the muses give you inspiration,

Best regards,  
AEGEE - Patra



## Friday, 25/7 – Arrival Day



Your first day in Patras!

New people and new places. Do you think you'll be able to remember all the names you will hear today? Probably it will be a good test for your memory!

After traveling we won't tire you up a lot – you'll only need your best mood for our first SU party. We'll play games, eat Greek food to give us energy and get to know each other.

And this night you will have the chance to experience the famous Greek hospitality, as the members of AEGEE – Patra will host you to make you feel like home!

Take advantage of it - rest and fill up your batteries! You'll need it for the SU that is just starting!



AEGEE – Patra wishes all of  
you an unforgettable SU

Arrival day?  
Exactly who arrives today



Stefania Carone  
Marta Ciranda  
Edoardo Feira  
Susana Hernandez  
Emilia Koniewicz  
Annamaria Siani  
Anneleen Van Heese  
Giuseppe Lucarini  
Isolde Scholberg

Christian Cataldo  
Gonzalo Encinas  
Raquel Gonzalez  
Sabrina Kempf  
Jelena Kocijasevic  
Giuseppe Rombola  
Aleksandar Velickovski  
Natalia Osmakova  
James Mifsud  
Violeta Paunescu  
Mara Raffajello

\*this list was valid by the time the booklet was printed, but last minute cancellations / changes are bound to happen. We apologise for any mistakes...

Saturday, 26/7 – Amusement  
begins!



### Schedule

8:00 Breakfast  
10:00 Departure  
14:00 Lunch  
16:00 Swimming  
19:00 Discussion  
20:00 Dinner  
22:00 Beach Party



Today we are going to settle in the camping site and get a bit more familiar with the place. The area where we are staying is called “Kastro”. Wonder where it got its name? Well, “kastro” is the Greek word for “fortress”. If you want to learn more about it read below!

*Fortress “Chlemoutsi”*

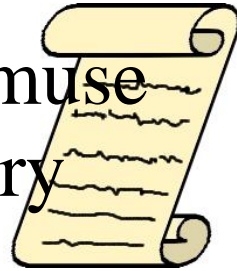
It is situated on the top of a hill on the westernmost end of Peloponnese. It was built in 1220 by the governor Godefrid A, Beleardouin and at that age was the most powerful fortress of the principality of Achaia. The village by the castle (and the area around it) were named after it. You'll have the chance to take a closer look tomorrow, as we are visiting the fortress! It's normally closed on Sundays, but there will be an exception for AEGEE!



The springs of the Healing Baths of Killini are in a beautiful forest, by the ruins of the Roman buildings. The site of the location and the quality of the springs are considered significantly beneficial for various health problems. Furthermore the mud that is formed around the creeks of the springs is ideal for a beautiful skin and there are a lot of people coming here for mudbaths. Anyone want to join?



## Sunday, 27/7 – Clio, muse of History



### Schedule

8:00 Breakfast  
 10:00 Castle visit  
 11:00 Kyllini Spa  
 13:00 Swimming  
 & Lunch  
 15:00 Rest / Swimming  
 20:00 History evening  
 22:00 Dinner

Muses are the figures of Greek myths who serve to inspire artists, writers and musicians. Muse Clio is the Muse of History. She is credited with introducing the Phoenician alphabet into Greece. Her name means "Proclaimer" and she is named so because those praised by her have everlasting glory.

As you see there's a lot of swimming in today's schedule. Can you think of a reason for that? Well, of course the sea is the best place to be during a summer day, but there's another reason. We are going to get a bit dirty this morning... Why? Hmm... there's this place we're going to visit...

*Kyllini (mud) Spa*

## Monday, 28/7 – Polyhymnia, muse of mime



### Schedule

8:00 Breakfast  
 9:00 Departure for Olympic Academy  
 12:00 Ancient Olympia  
 14:00 Lunch  
 16:00 Return/Free time  
 20:00 Mime Evening  
 21:00 Dinner  
 (23:00 Swimming)

Polyhymnia was the protector of mimicry and geometry and inventor of the lyre.

Besides the laughs we'll going to have today while imitating each other (to praise the muse of mimicry of course!), we're also going to visit one of the most important places in Greece.

### *Ancient Olympia*



In his Olympian Speech the famous ancient orator Lysias described the region of Olympia as "the most beautiful place in Greece".

It was a land the ancient world saw as "sacred". because with the truce it

For almost 1,200 years the Olympic land was glorified by divine legends and graced by the Olympic Games.

The holy grove of Olympia, the Altis, lies in the green valley formed by Alpheios, the 'king' of Peloponesian rivers, the river Kladeos, small and rapid in those days, and the small hill of Kronion. This grove with its wealth of sacred monuments, temples, altars, votive columns, statues, buildings, etc. was the place where free people from all over the contemporary world gathered to admire beauty and strength in their purest and most brilliant form.



### *INTERNATIONAL OLYMPIC ACADEMY*

It is a cultural and scientific center which aims to study, research and promote the Olympic Spirit. The founding of such a place was based on the prototype of the ancient Gymnasium, a place where human body, will and spirit were harmonically exercised. Thus, in this very place of ancient Greece, the Olympic Ideal was born.

The IOA premises are situated a few hundred yards from the sacred site of Ancient Olympia. It's grounds are sprawled over 225 acres of beautiful green and hilly countryside. The facilities of the IOA include conference rooms, guest houses, office buildings and sports facilities. The fully computerized I.O.A. Library, which specializes in sport and Olympism, reflects and promotes the educational and research aims of the Olympic Family, is open to the public. Its resources



include 15.000 volumes of books, 250 titles of magazines and various audiovisual material.

The IOA is responsible for the first Modern Olympic museum, founded in 1961. The museum was based on the collection of Georgios Papastefanou, who was the first to believe in the possibility of spreading the Olympic Idea and Education through a museum. It is housed in a building supported by the General Secretariat for Sport, in the village of Ancient Olympia. The museum contains rare memorabilia from the Modern Olympic Games, photographs, medals, diplomas, cups, etc. Various Olympic Committees and individuals have donated items, which admirably complement the Museum collection.